



第9届国际武德杯传统武术精英大赛 2022（实场赛）

9th International WuDeBei Traditional Wushu Competition 2022 (Physical Competition)

传统武术是中华民族的瑰宝，有着千年的文化底蕴，是我们中华民族的祖先在原始搏斗中，战争中，实践中积累总结出来的技击术，是千万人智慧的结晶。我们每个习武之人都肩负着把我们的民族精华传承下去的责任。传承不单是教好学生套路而已，更重要的是把武术的精髓，武术的精神及武术的德操更好的传承下去。

中国武德，渊源于传统的历史文化、良相名将的嘉言懿行、历史战争的经验教训，此三者构成了中国武德理论与实际的全部。而中国武德的内涵，主要为**智，信，仁，勇，严**；发挥**（智）者不惑、（信）者不二、（仁）者不忧、（勇）者不惧、（严）者不私**的精神。

近现代以来，特别是近20余年，传统武术却因种种原因，发展滞后，自身体系明显呈萎缩态势，各门派高龄拳师相继离世，人去艺绝，后继人才断层，传承内容大幅度递减，习传统武术人群也逐渐减少。大众对传统武术的认识也日渐淡漠，早已成为不争的事实。面对现况，回顾历史，展望未来，寻思传统武术的传承与发展的长效方略已是当务之急。

主办大会本着发扬传统武术运动为己任，提倡武德的精神，决定为大家提供实场比赛；特联谊各界武术同道于02/12/2022 - 04/12/2022，参加**第9届国际武德杯传统武术精英大赛 2022（实场赛）**。希望贵会能派队参与，同我等一起以传统武术为主导，提倡正能量，表现我们对传统武术的热忱和那份不灭的精神，为传统武术文化推广，尽一份力！

本次赛事时间表：请大家特别注意！

日期/时间	地点	活动
10/10/2022 - 31/10/2022	团体报名及缴交费用	超过截止日期一概不受理
02/12/2022: 5pm - 7pm	新加坡武术龙狮总会会议室	裁判/ 教练会议
03/12/2022: 8.30am - 10pm	新加坡武术龙狮总会体育馆	武德杯传统武术大赛
04/12/2022: 8.30am - 10pm	新加坡武术龙狮总会体育馆	武德杯传统武术大赛

**有意者请到 www.wudebei.com ,  武德杯/ wudebei 或发电邮至: wudebei@gmail.com 询问详情。

发扬传统武术，提倡武德精神！



洪楹勝博士 Ph.D MA
创办人兼秘书长
国际武德杯传统武术总会



第9届国际武德杯传统武术精英大赛 2022 (实场赛)

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- 联合主办** : 国际武德杯传统武术总会、新加坡武术龙狮总会 (排名不分先后)
- 协办单位** : 新加坡传统武术联盟会、马来西亚全国善福宫文化局 (排名不分先后)
- 宗旨** : 发扬中华武术, 弘扬武术精神
- 参加单位** : 各学校、武术社团、武术培训机构
- 比赛地点** : 新加坡武术龙狮总会体育馆
- 比赛地址** : 7, Bedok North Street 2, Singapore 469646
- 日期** : 02/12/2022 - 04/12/2022
- 时间** : 8.30am - 10.00pm
- 报名截止** : 10/10/2022 - 31/10/2022 (星期一)
- 报名处** : 在填好报名表之后, 发电邮报名即可
- 电邮** : wudebei@gmail.com
- 联系人** : +65 93891888 洪楹勝博士, 请 Whatsapp 联系

报名费:

- a) 团体报名费 : S\$100.00
- b) 单人项目 : S\$25.00
- c) 对练/推手项目: S\$50.00
- d) 集体项目 : S\$100.00

支票付款: International Wudebei Traditional Wushu Federation

外国队付款: PAYPAL <https://www.paypal.me/WuDeBei> (不包括行政费)

报名细节 : 各代表队必须使用报名表报名, 完整填报所需资料, 发电邮给举办单位。在大会同该团体确认参赛费用总额之后, 该团队需即刻缴交费用。



传统武术项目：

1. 传统武术 - 男子幼儿组（出生于 2015 年或之后）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

2. 传统武术 - 男子儿童组（出生于 2010 - 2014 年）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

3. 传统武术 - 男子少年组（出生于 2005 - 2009 年）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

4. 传统武术 - 男子青年组（出生于 1987 - 2004 年）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

5. 传统武术 - 男子中年组（出生于 1973 - 1986 年）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		



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6. 传统武术 - 男子资深组（出生于1953 - 1972年）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

7. 传统武术 - 男子菁英组（出生于1952或之前）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

8. 传统武术 - 女子幼儿组（出生于2015年或之后）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

9. 传统武术 - 女子儿童组（出生于2010 - 2014年之后）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

10. 传统武术 - 女子少年组（出生于2005 - 2009年）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		



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11. 传统武术 - 女子青年组（出生于1987 - 2004年）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

12. 传统武术 - 女子中年组（出生于1973 - 1986年）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

13. 传统武术 - 女子资深组（出生于1953 - 1972年）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

14. 传统武术 - 女子菁英组（出生于1952或之前）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

15. 传统武术对练项目 - （不分男女，不分年龄，2或3人对练）

A) 徒手对练	B) 徒手对器械	C) 器械对器械
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16. 传统武术集体项目 - （不分男女，不分年龄，5-6人）

A) 集体拳术	B) 集体器械
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传统太极项目：

17. 传统太极 - 男子幼儿组（出生于2015年或之后）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

18. 传统太极 - 男子儿童组（出生于2010-2014年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

19. 传统太极 - 男子少年组（出生于2005-2009年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

20. 传统太极 - 男子青年组（出生于1987-2004年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

21. 传统太极 - 男子中年组（出生于1972-1986年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

22. 传统太极 - 男子资深组（出生于1953-1972年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

23. 传统太极 - 男子菁英组（出生于1952或之前）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		



24. 传统太极 - 女子幼儿组 (出生于 2015 年或之后)

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42 式太极拳	J) 42 式太极剑		

25. 传统太极 - 女子儿童组 (出生于 2010 - 2014 年)

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42 式太极拳	J) 42 式太极剑		

26. 传统太极 - 女子少年组 (出生于 2005 - 2009 年)

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42 式太极拳	J) 42 式太极剑		

27. 传统太极 - 女子青年组 (出生于 1987 - 2004 年)

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42 式太极拳	J) 42 式太极剑		

28. 传统太极 - 女子中年组 (出生于 1973 - 1986 年)

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42 式太极拳	J) 42 式太极剑		

29. 传统太极 - 女子资深组 (出生于 1953 - 1972 年)

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42 式太极拳	J) 42 式太极剑		

30. 传统太极 - 女子菁英组 (出生于 1952 或之前)

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42 式太极拳	J) 42 式太极剑		



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31. 传统太极推手对练项目 - (不分男女, 不分年龄, 2 人对练)

A) 双人推手对练

32. 集体太极项目 - (不分男女, 不分年龄, 5-6 人)

A) 集体太极拳	B) 集体太极器械
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录取名次与奖励:

个人项目获奖标准: 排名制	对练项目获奖标准: 前三名	集体项目获奖标准: 前三名
前 30% 金牌一枚与证书	第一名: 奖杯 2-3 枚与证书	第一名: 奖杯 5-6 枚与证书
中 40% 银牌一枚与证书	第二名: 奖杯 2-3 枚与证书	第二名: 奖杯 5-6 枚与证书
后 30% 铜牌一枚与证书	第三名: 奖杯 2-3 枚与证书	第三名: 奖杯 5-6 枚与证书

**对练项目和集体项目则采用名次奖励制度。大会只颁金、银、铜奖杯给得分最高的 3 组选手。若分数相同, 将采取小分点计算。

团体排名:

所有团体都有资格参与传统武术总冠军及传统太极总冠军争霸赛。以示公平, 每间团体的武术总奖牌数量和太极总奖牌数量则会分开计算。

武术总冠军: 冠军奖杯一座	武术团体亚军: 亚军奖杯一座	武术团体季军: 季军奖杯一座
太极总冠军: 冠军奖杯一座	太极团体亚军: 亚军奖杯一座	太极团体季军: 季军奖杯一座

总冠军积分准则:

团体以累积的金牌计算, 获得最多金牌的团体为总冠军。若金牌相同, 则以较多银牌为胜出, 以此类推。(三项全能奖牌不会计算在总冠军竞争排名)

三项全能:

1. 凡参加单项拳术、短/双器械及长器械的运动员者, 将自动进入“三项全能”排名竞争。
2. 三项全能排名将取于该运动员的拳术, 短/双器械与长器械的总积分。得分最高的前三名为三项全能冠、亚、季军。
3. 每项组别, 不论男女, 都会举办三项全能竞争排名。

参赛限制:

团体参赛总人数不限, 但一人不能同时代表 2 间团体参赛。参赛者不限参赛项目。

服装与器材:

1. 大会鼓励运动员穿搭适当表演服, 但却不限制服装。武术项目最低程度须 T-衫, 灯笼裤, 平底鞋与系上腰带; 穿着整齐, 以示尊重。衣着不当者, 一律扣 0.5 分。
2. 运动员不得佩戴任何首饰或装饰品 (除眼镜、发夹以外), 违反者扣 0.1 分。
3. 器械不限任何规格。
4. 集体项目可使用大会音响, 但必须有操控员在旁指示。若大会音响失误, 大会亦不负责。
5. 集体团队须在进场后的 15 秒之内开始, 违规者扣 0.1 分。人数不足或超过者, 将扣 0.1 分。在集体进行当中可以喊口令。



第9届国际武德杯传统武术精英大赛 2022 (实场比赛)

9th International WuDeBei Traditional Wushu Competition 2022 (Physical Competition)

竞赛时间:

传统武术单项/对练项目/武术集体项目	40 秒 - 2 分钟
传统太极拳单项/其他内家拳类单项/太极拳集体项目	3 分钟 - 6 分钟
传统太极器械单项/其他内家器械类单项/太极集体器械项目	1 分钟 - 4 分钟

计时标准:

1. 从起式移动至并步垂手完成来计算时间。
2. 传统武术项目: 凡超时或时间不足者, 每 2 秒扣 0.1 分, 最高扣 0.3 分。
3. 传统太极项目/其他内家类项目: 凡超时或时间不足者, 每 5 秒扣 0.1, 最高扣 0.3 分。

上诉:

不得上诉, 大会不设仲裁或上诉委员会, 大会裁判的裁决将是最终成绩。

裁判工作:

裁判团由国际武德杯合格裁判员及大会聘请组成。为促进各派系的交流及互动, 所有外国团体可以委派一位武术合格裁判协助今次比赛裁判工作。有意者可以填上“**裁判推荐表格 A**”, 并发至: [www.wudebei@gmail.com](mailto:wudebei@gmail.com)
在审核后, 大会将联系该裁判员安排裁判工作。

免责声明:

1. 大会保留权利进行任何更改或修改比赛章程或条例。
2. 参赛选手在参加本赛事过程中所发生的一切安全费用由参赛团体完全自负, 大会将不会承担任何责任。
3. 参赛选手须同意大会在无任何限制下, 使用参赛团体名称、参赛视频、图像, 用于宣传报道, 该团体将不做任何追讨及赔偿。

参赛团体备注:

特刊: 大会为纪念此武林盛事, 特出版纪念特刊, 以志其盛。参赛团体可**免费**在特刊上刊登 1 张团体的照片, 所有参赛团体将可获 2 本特刊。

(在团体报名之后, 即可将**团体照片**传至主办单位电邮址: wudebei@gmail.com)



赛场指南:



1. 地图中显示“Right Here”，便是比赛场地。
2. 可以选择勿洛地铁站或是丹那美拉地铁站，大约 10 分钟步行。



国际武德杯传统武术总会
2022年10月10日



裁判评分法:

套路评分准则

4分	3分	2分	1分
姿势正确	劲力顺达	风格独特	精神贯注
方法清楚	动作协调	内容充实	节奏分明

对练项目评分准则

4分	3分	2分	1分
方法正确	动作熟练	内容充实	意识逼真
攻防合理	配合严密	结构紧凑	节奏分明

集体项目评分准则

4分	3分	2分	1分
姿势正确 动静分明 精神贯注 技术熟练	内容充实 武术特点 风格独特	队形整齐 动作协调	结构合理 布局均称

裁判员其他扣分准则 (累积扣分)

倒地 (臀、胸、背)	0.3分	器械变形	0.1 - 0.2分
器械折断或掉地	0.3分	部分身体出界	0.1分
附加支撑 (肘、膝、手)	0.2分	器械触地、脱把、碰身	0.1分
遗忘	0.1 - 0.2分	失去平衡、开钮、撕裂、掉饰	0.1分
整个身体出界	0.2分	刀彩、剑穗、服饰、腰带脱落	0.1分



第 9 届国际武德杯传统武术精英大赛 2022 (实场景)

9th International WuDeBei Traditional Wushu Competition 2022 (Physical Competition)

The genesis of Chinese Traditional Martial Arts has been attributed to the need for self-defense, hunting techniques and military training since ancient China, hand to hand combat and weapons practice were important for survival then. Over the past few thousand years, many distinctive styles have been developed, each with their own set of techniques and characteristics; each carries the wisdom of their ancestors.

The long history of traditional martial arts includes hundreds of different styles, often classified by "families", "sects" or "schools". However regardless any martial arts styles, its philosophy and ethics practice are always highly regarded. A complete training system not only trains a person physically, it should also provide insight and educate into Chinese attitudes and culture. Today, practitioners of Chinese martial arts from all over the world, each have the responsibility to pass down this beautiful art to our next generation.

Wu De (武德) can be translated as "Martial Morality" and is constructed from the words Wu (武), which means martial, and De (德), which means morality. These morals are developed from historic cultures; philosophies from the great wise men and experience through ancient war, and eventually translate into 5 main pillars of virtues namely: **Wisdom (智), Trust (信), Benevolence (仁), Courage (勇) and Discipline (严)**.


Over the past 20 years, traditional Chinese martial arts have appeared to be highly affected by modern martial arts. Many modern schools have replaced practical defense or offense movements with acrobatic feats that are more spectacular to watch, thereby gaining favor during exhibitions and competitions. This led to many criticisms and practitioners for traditional Chinese martial arts greatly lessen. We strongly believe it's our immediate concern to do everything we can to continuously promote and pass down this heritage.

With this in mind, the organizer specially organizes the **9th International WuDeBei Traditional Wushu Competition 2022 (Physical Competition)** held from 2nd December 2022 to 4th December 2022 with the mission to promote traditional Chinese martial arts and inspire Martial Morality. We sincerely hope that you and your prestigious club can attend this competition and help promote our cultural arts all over the world.

Please take note of the time & date on our activities:

Date & Time	Location	Activities
10/10/2022 - 31/10/2022	Online Registration & Payment	Late registration will not be entertained
02/12/2022: 5pm - 7pm	SWDLDF Conference Room	Leaders & Judges Meeting
03/12/2022: 8.30am - 10pm	SWDLDF Training Hall	Competition
04/12/2022: 8.30am - 10pm	SWDLDF Training Hall	Competition

SWDLDF: Singapore Wushu Dragon & Lion Dance Federation

**Interested personnel can visit www.wudebei.com,  [wudebei/ 武德杯](https://www.facebook.com/wudebei/) or email: wudebei@gmail.com for further queries.

Promote Traditional Chinese Martial Arts & Inspire Martial Morality!



Dr. Royce Ang Ph.D MA
 Founder & Secretary General
 International WuDeBei Traditional Wushu Federation



第 9 届国际武德杯传统武术精英大赛 2022 (实场赛)
9th International WuDeBei Traditional Wushu Competition 2022 (Physical Competition)

Co-organized by: International WuDeBei Traditional Wushu Federation, Singapore Wushu Dragon & Lion Dance Federation

Supporting Partners: Singapore Traditional Wushu Federation, Malaysia Siang Hock Kong Cultural & Arts Bureau

Mission : Promotes Traditional Chinese Martial Arts, Inspire Martial Morality

Participants : All Wushu Clubs, Federations, Associations, Schools

Arena : Singapore Wushu Dragon & Lion Dance Federation Training Hall

Address : 7, Bedok North Street 2, Singapore 469646

Online Registration: 10/10/2022 - 31/10/2022 (Monday)

Competition Dates: 02/12/2022 - 04/12/2022

Time : 8.30am - 10pm

Registration: Registration **MUST** be done using our forms provided and email to us before deadline.

Email : wudebei@gmail.com

Contacts : Dr. Royce Ang +65 9389 1888, Kindly contact via Whatsapp.

Registration Fees :

- a) Club Registration: S\$100.00
- b) Individual Event: S\$25.00 each
- c) Sparring & Taiji Push hands Event: S\$50.00 each
- d) Group Event: S\$100.00 each

Cheque made payable to: **International WuDeBei Traditional Wushu Federation

Overseas Team Payment: **PAYPAL <https://www.paypal.me/WuDeBei>
(Excluding Handling Fees)

Registration Details: All teams are required to register using our forms provided and email to us before deadline, with all particulars filled in accurately. After which the organizer will contact the respective teams for the confirmation of payment amount and fees have to be paid.



Traditional Wushu:

1. Traditional Wushu- Boy's Children Category (Born in year 2015 or later)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

2. Traditional Wushu- Boy's Junior Category (Born between year 2010 - 2014)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

3. Traditional Wushu- Boy's Youth Category (Born between year 2005 - 2009)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

4. Traditional Wushu- Men's Adult Category (Born between year 1987 - 2004)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		



第9届国际武德杯传统武术精英大赛 2022 (实场赛)
9th International WuDeBei Traditional Wushu Competition 2022 (Physical Competition)

5. Traditional Wushu- Men's Senior Category (Born between year 1973 - 1986)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

6. Traditional Wushu- Men's Veteran Category (Born between year 1953 - 1972)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

7. Traditional Wushu- Men's Pioneer Category (Born in year 1952 or before)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

8. Traditional Wushu- Girl's Children Category (Born in year 2015 or after)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		



第9届国际武德杯传统武术精英大赛2022（实场赛）
9th International WuDeBei Traditional Wushu Competition 2022 (Physical Competition)

9. Traditional Wushu- Girl's Junior Category (Born between year 2010 - 2014)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

10. Traditional Wushu- Girl's Youth Category (Born between year 2005 - 2009)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

11. Traditional Wushu- Women's Adult Category (Born between year 1987 - 2004)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

12. Traditional Wushu- Women's Senior Category (Born between year 1973 - 1986)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		



13. Traditional Wushu- Women's Veteran Category (Born between year 1953 - 1972)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

14. Traditional Wushu- Women's Pioneer Category (Born in year 1952 or before)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

15. Traditional Wushu- Sparring Event (Any Gender, Any Age, 2 – 3 Person)

A) Bare fist Sparring	B) Bare fist Vs Weapon	C) Weapon Sparring
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16. Traditional Wushu- Group Event (Any Gender, Any Age, 5 – 6 Person)

A) Group Bare Fist	B) Group Weapon
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Traditional Taiji Events:

17. Traditional Taiji- Boy's Children Category (Born in year 2015 and after)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

18. Traditional Taiji- Boy's Junior Category (Born between year 2010 - 2014)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		



19. Traditional Taiji- Boy's Youth Category (Born between year 2005 - 2009)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

20. Traditional Taiji- Men's Adult Category (Born between year 1987 - 2004)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

21. Traditional Taiji- Men's Senior Category (Born between year 1973 - 1986)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

22. Traditional Taiji- Men's Veteran Category (Born between year 1953 - 1972)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

23. Traditional Taiji- Men's Pioneer Category (Born in year 1952 or before)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

24. Traditional Taiji- Girl's Children Category (Born in year 2015 or after)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

25. Traditional Taiji- Girl's Junior Category (Born between year 2010 - 2014)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		



26. Traditional Taiji- Girl's Youth Category (Born between year 2005 - 2009)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

27. Traditional Taiji- Women's Adult Category (Born between year 1987 - 2004)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

28. Traditional Taiji- Women's Senior Category (Born between year 1973 - 1986)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

29. Traditional Taiji- Women's Veteran Category (Born between year 1953 - 1972)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

30. Traditional Taiji- Women's Pioneer Category (Born in year 1952 or before)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

31. Traditional Taiji- Taiji Push Hands Event - (Any Gender, Any Age, 2 Person)

A) Dual Choreograph Push Hands

32. Traditional Taiji- Taiji Group Event - (Any Gender, Any Age, 5 - 6 Person)

A) Group Taijiquan	B) Group Taiji Weapon
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Prize Awards:

Individual Event: By Ranking	Sparring Event: Top 3 only	Group Event: Top 3 only
Top 30% Gold Award: Gold Medal with Cert	1 st Position: Trophy with 2 - 3 Cert	1 st Position: Trophy with 5 - 6 Cert
Middle 40% Silver Award: Silver Medal with Cert	2 nd Position: Trophy with 2 - 3 Cert	2 nd Position: Trophy with 5 - 6 Cert
Lower 30% Bronze Award: Bronze Medal with Cert	3 rd Position: Trophy with 2 - 3 Cert	3 rd Position: Trophy with 5 - 6 Cert

**** Only Top 3 Positions** will be awarded for Sparring & Group events.

Overall Champion:

Every club has a chance to win the “Overall Champion Award” for Traditional Wushu & Traditional Taiji Category. The medals won in wushu & taiji category within the same club will be separated towards the count for “Overall Champion”.

Wushu Overall Champion	Wushu Overall 2 nd Position	Wushu Overall 3 rd Position
Taiji Overall Champion	Taiji Overall 2 nd Position	Taiji Overall 3 rd Position

Calculations for Overall Champion Award:

The club with the highest number of gold medals will be awarded the overall champion. If the number of gold medals ties, we will compare the silver and bronze medals.

(Medals awarded for “All Rounder’s Category WILL NOT be in the count for Overall Championship Tally)

All Rounder’s Category:

1. Athletes who take part in bare fist, short/double and long weapon event will automatically be in the run for “All Rounder’s Category”.
2. We will add up the total score of the 3 events and the top 3 athletes with the highest score will be awarded Gold, Silver and Bronze Trophy respectively.
3. “All Rounder’s Category” is open for all age group and gender.

Total number of Participants :

No restriction on the total number of people representing the club.

One person is not allowed to represent 2 different clubs.

Total number of Events:

No restriction on the total number of events an athlete can take part.

Costume & Equipment:

1. Athletes are encourage to wear the correct costumes for their respective events. However, the minimum expectation will be T-shirt, lantern trousers and flat shoes with belt for wushu events. Neat and tidy attire should be observed at all times, **0.5 point deducted** for inappropriate dressing.
2. All participants are **NOT ALLOWED** to wear any accessories when competing, except for glasses or hair clip, **0.1 points deducted** if occur.
3. No requirement or specification for weapon type. All participants **MUST** bring their own weapons.



第9届国际武德杯传统武术精英大赛 2022 (实比赛)

9th International WuDeBei Traditional Wushu Competition 2022 (Physical Competition)

Timing:

All Traditional Wushu Events/ Sparring Events	40 seconds - 2 minutes
All Taijiquan/ Traditional Internal Style Fist Events	3 minutes - 6 minutes
All Taiji Weapon/ Traditional Internal Style Weapon Events	1 minute - 4 minutes

Timing Standards:

1. Timing will start when the athlete begins on the routine and stop when both hands are down or legs close.
2. Traditional Wushu: Insufficient or exceed time, **0.1 points will be deducted** for every 2 seconds, up to a maximum of 0.3 points.
3. Traditional Taiji/ Traditional Internal Style: Insufficient or exceed time, **0.1 points will be deducted** for every 5 seconds, up to a maximum of 0.3 points.
4. For group event, participating teams are allowed to provide an assistant to use the organizer's sound system for their music. In the event of a malfunction on the sound system, the organizer shall not be responsible. All group event must commence within 15 seconds when the team are in position ready, else deduct 0.1 point. Insufficiency or exceed on the number of participants allowed will lead to deduction of 0.1 point. Calling out of command is allowed in group event.

Appeal:

NO APPEAL is allowed, thus the score presented shall stay final.

Judges:

1. Our panel of judges are **Qualified Wudebei Traditional Wushu Judges** or appointed by the organizer.
2. The organizer would like each participating club to recommend a qualified coach as volunteer to assist on the judging work, and at the same time to foster friendship among each other.
3. All recommended judges have to fill up our "**Recommend Judge Form**" and email to the organizer at: wudebei@gmail.com.
4. The organizer will then review the credentials and contact him/her for their judging work upon selected.

Disclaimer:

1. The organizer reserves the rights to make any changes for this competition.
2. All athletes are fully responsible for their safety during the process of participating in this competition.
3. All athletes must agree to the organizer to use their name, video or photo of the participating club for publicity without any restrictions, and the organizer will not be liable for any claims or compensation.

Additional Note for All Clubs:

Magazine: The organizer is preparing a magazine to mark this special event. All clubs are allowed to place **1 Club Group photo** for memorial purpose. On top of that, all participating clubs will receive 2 magazines each as souvenirs and publicity.

(Kindly email your Club Group Photo to us upon completion of your registration)



Competition Location:



1. Competition arena is located at the area mark **“Right Here”**.
2. Participants can either use Bedok Mrt or Tenah Merah Mrt and approximately 10 mins walk to our location.



International WuDeBei
Traditional Wushu Federation
10/10/2022



Judging Rules:

Individual Event Judging Rules

4 Points	3 Points	2 Points	1 Point
Correct Postures	Strength Fluidity	Style	Focus
Techniques	Movement Co-ordination	Content of Routine	Rhythm/ Tempo

Sparring Event Judging Rules

4 Points	3 Points	2 Points	1 Point
Techniques	Familiarity	Content of Routine	Realistic
Reasonable Combat	Synchronization	Structure Compact	Rhythm/ Tempo

Group Event Judging Rules

4 Points	3 Points	2 Points	1 Point
Correct Posture	Content of Routine	Formation	Reasonable
Rhythm/ Tempo	Characteristic	Co-ordination	Balance Presentation
Focus	Style		
Familiarity			

Other Deductions from Side Judge (Accumulative)

Fell Down (Butt, Chest, Back)	0.3 Point	Weapon Out of Shape	0.1 - 0.2 Point
Weapon Broken/ Drop	0.3 Point	Parts of Body Out of Carpet (One Foot Out)	0.1 Point
Additional Support (Elbow, Knee, Hand, Weapon)	0.2 Point	Weapon Touch Floor/ Body, Loose Grip	0.1 Point
Forget Routine	0.1 - 0.2 Point	Lost Balance, Open Button、 Costume Torn, Accessories Drop	0.1 Point
Whole Body Out of Carpet (Both Feet Out)	0.2 Point	Accessories on Weapon Drop, Belt Drop	0.1 Point

