



第 9 届国际武德杯传统武术精英大赛 2022 (视频赛)

International WuDeBei Traditional Wushu Competition 2022 (Online Video Competition)

传统武术是中华民族的瑰宝，有着千年的文化底蕴，是我们中华民族的祖先在原始搏斗中，战争中，实践中积累总结出来的技击术，是千万人智慧的结晶。我们每个习武之人都肩负着把我们的民族精华传承下去的责任。传承不单是教好学生套路而已，更重要的是把武术的精髓，武术的精神及武术的德操更好的传承下去。


中国武德，渊源于传统的历史文化、良相名将的嘉言懿行、历史战争的经验教训，此三者构成了中国武德理论与实际的全部。而中国武德的内涵，主要为智，信，仁，勇，严；发挥(智)者不惑、(信)者不二、(仁)者不忧、(勇)者不惧，(严)者不私的精神。

近现代以来，特别是近 20 余年，传统武术却因种种原因，发展滞后，自身体系明显呈萎缩态势，各门派高龄拳师相继离世，人去艺绝，后继人才断层，传承内容大幅度递减，习传统武术人群也逐渐减少。大众对传统武术的认识也日渐淡漠，早已成为不争的事实。面对现况，回顾历史，展望未来，寻思传统武术的传承与发展的长效方略已是当务之急。

基于目前新冠肺炎疫情事态的不稳定，主办大会本着发扬传统武术运动为己任，提倡武德的精神，决定为大家提供网络比赛；特联谊各界武术同道于 01/12/2022 - 05/12/2022，参加第 9 届国际武德杯传统武术精英大赛 2022 (视频赛)。希望贵会能派队参与，同我等一起以传统武术为主导，提倡正能量，表现我们对传统武术的热忱和那份不灭的精神，为传统武术文化推广，尽一份力！

本次赛事时间表：请大家特别注意！

日期	赛事细节	备注
10/10/2022 - 31/10/2022	团体报名及缴交费用	超过截止日期一概不受理
01/12/2022 - 05/12/2022	团体可以上传视频	超过截止日期一概不受理
30/12/2022	成绩公布	大会不接受任何上诉
05/01/2023 - 10/01/2023	邮寄出奖牌及奖状	外国队自行负责邮费

**有意者请到 www.wudebei.com,  武德杯/ wudebei 或发电邮至: wudebei@gmail.com 询问详情。

发扬传统武术，提倡武德精神！



洪楹勝博士 Ph.D MA
创办人兼秘书长
国际武德杯传统武术总会



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- 联办单位** : 国际武德杯传统武术总会、新加坡武术龙狮总会（排名不分先后）
- 支持单位** : 新加坡传统武术联盟会、马来西亚全国善福宫文化局（排名不分先后）
- 宗旨** : 发扬传统武术，提倡武德精神
- 参加单位** : 各学校、武术社团、武术培训机构
- 比赛模式** : 上传视频
- 报名截止** : 10/10/2022 - 31/10/2022（星期一）

上传录像日期: 01/12/2022 - 05/12/2022（所有录像必须在截止日期之内上传）

成绩公布 : 30/12/2022

分发奖牌/证书: 05/01/2023 - 10/01/2023（奖牌及证书将会另行通知领取）

报名处 : 在填好**报名表**之后，发电邮报名即可。

电邮 : wudebei@gmail.com

联系人 : +65 93891888 洪楹胜博士，请 Whatsapp 联系

报名费:

a) 单人项目 : S\$25.00

b) 对练/推手项目 : S\$50.00

支票付款: International Wudebei Traditional Wushu Federation

外国队付款: PAYPAL <https://www.paypal.me/WuDeBei>（不包括行政费）

报名细节 : 各代表队必须使用**报名表**报名，完整填报所需资料，发电邮给举办单位。在大会同该团体确认参赛费用总额之后，该团队需即刻缴交费用。而在大会收到款项后，将提供该队另一网址开始上传录像，为期5日。（01/12/2022 - 05/12/2022）

****因在网上已设置好一切细节，不便修改。若是有任何团队在表格上填写错误或错过截至日期，请恕大会无法协助。在此敬请大家抓紧时间，尽力配合，并小心谨慎填写资料。举办单位感谢您的高度配合，谢谢。**



第9届国际武德杯传统武术精英大赛 2022 (视频赛)

International WuDeBei Traditional Wushu Competition 2022 (Online Video Competition)

传统武术项目:

1. 传统武术 - 男子幼儿组 (出生于 2015 年或之后)

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械 (单/双)	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械 (单/双)	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

2. 传统武术 - 男子儿童组 (出生于 2010 - 2014 年)

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械 (单/双)	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械 (单/双)	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

3. 传统武术 - 男子少年组 (出生于 2005 - 2009 年)

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械 (单/双)	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械 (单/双)	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

4. 传统武术 - 男子青年组 (出生于 1987 - 2004 年)

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械 (单/双)	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械 (单/双)	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

5. 传统武术 - 男子中年组 (出生于 1973 - 1986 年)

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械 (单/双)	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械 (单/双)	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		



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6. 传统武术 - 男子资深组（出生于1953-1972年）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

7. 传统武术 - 男子菁英组（出生于1952或之前）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

8. 传统武术 - 女子幼儿组（出生于2015年或之后）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

9. 传统武术 - 女子儿童组（出生于2010-2014年之后）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

10. 传统武术 - 女子少年组（出生于2005-2009年）

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械（单/双）	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械（单/双）	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		



11. 传统武术 - 女子青年组 (出生于 1987 - 2004 年)

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械 (单/双)	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械 (单/双)	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

12. 传统武术 - 女子中年组 (出生于 1973 - 1986 年)

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械 (单/双)	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械 (单/双)	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

13. 传统武术 - 女子资深组 (出生于 1953 - 1972 年)

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械 (单/双)	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械 (单/双)	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

14. 传统武术 - 女子菁英组 (出生于 1952 或之前)

A) 传统长拳	B) 传统南拳	C) 传统象形拳
D) 传统短器械	E) 传统双器械	F) 传统长器械
G) 传统软器械 (单/双)	H) 传统八极拳、形意拳、八卦掌	I) 其他内家拳类
J) 其他内家短器械 (单/双)	K) 其他内家长器械	L) 传统咏春拳
M) 传统木人桩法		

15. 传统武术对练项目 - (不分男女, 不分年龄, 2 或 3 人对练)

A) 徒手对练	B) 徒手对器械	C) 器械对器械
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传统太极项目：

16. 传统太极 - 男子幼儿组（出生于2015年或之后）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

17. 传统太极 - 男子儿童组（出生于2010-2014年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

18. 传统太极 - 男子少年组（出生于2005-2009年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

19. 传统太极 - 男子青年组（出生于1987-2004年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

20. 传统太极 - 男子中年组（出生于1972-1986年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

21. 传统太极 - 男子资深组（出生于1953-1972年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

22. 传统太极 - 男子菁英组（出生于1952或之前）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		



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23. 传统太极 - 女子幼儿组（出生于2015年或之后）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

24. 传统太极 - 女子儿童组（出生于2010-2014年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

25. 传统太极 - 女子少年组（出生于2005-2009年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

26. 传统太极 - 女子青年组（出生于1987-2004年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

27. 传统太极 - 女子中年组（出生于1973-1986年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

28. 传统太极 - 女子资深组（出生于1953-1972年）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		

29. 传统太极 - 女子耆英组（出生于1952或之前）

A) 陈式太极拳	B) 杨式太极拳	C) 孙式、吴式、武式太极拳	D) 其他类别太极拳
E) 太极剑	F) 太极短器械	G) 太极双器械	H) 太极长器械
I) 42式太极拳	J) 42式太极剑		



第9届国际武德杯传统武术精英大赛 2022（视频赛）

International WuDeBei Traditional Wushu Competition 2022 (Online Video Competition)

30. 传统太极推手对练项目 - （不分男女，不分年龄，2人对练）

A) 双人推手对练

录取名次与奖励:

个人项目获奖标准：排名制	对练项目获奖标准：排名制
前 30% 金牌一枚与证书	前 30% 金牌 2-3 枚与证书
中 40% 银牌一枚与证书	中 40% 银牌 2-3 枚与证书
后 30% 铜牌一枚与证书	后 30% 铜牌 2-3 枚与证书

参赛限制: 团体不限人数，但一人不能同时代表 2 间团体参赛。参赛者不限参赛项目。

服装与器材:

1. 大会鼓励运动员穿搭适当表演服，但却不限制服装。武术项目最低程度须 T-衫，灯笼裤，平底鞋与系上腰带；穿着整齐，以示尊重。衣着不当者，一律扣 0.5 分。
2. 运动员不得佩戴任何首饰或装饰品（除眼镜、发夹以外），违反者扣 0.1 分。
3. 器械不限任何规格。

竞赛时间:

传统武术单项/对练项目	40 秒 - 2 分钟
传统太极拳单项/其他内家拳类单项	3 分钟 - 6 分钟
传统太极器械单项/其他内家器械类单项	1 分钟 - 4 分钟

计时标准:

1. 从起式移动至并步垂手完成来计算时间。
2. 传统武术项目：凡超时或时间不足者，每 2 秒扣 0.1 分，最高扣 0.3 分。
3. 传统太极项目/其他内家拳类项目：凡超时或时间不足者，每 5 秒扣 0.1 分，最高扣 0.3 分。

录像准则:

1. 在录像时，运动员需行拳礼，亲口说出自己“姓名”及“武德杯 2022”，才开始演练；违例者扣 0.5 分。
2. 所有录像必须一镜到底，不能剪接，违例者需扣 0.5 分。
3. 为使录像更为清晰，大会允许录影员跟随演练者同行，但不能给予口头指示，也不能刻意调成静音；整段视频必须在自然环境中完成，违例者需扣 0.5 分。
4. 录像不能制造任何特效或是搭配音乐以增强演练效果，违例者需扣 0.5 分。
5. 今次赛事不设场地限制，没有出场扣分规则。
6. 视频可用手机拍摄，敬请避免利用高像素相机，影响上传文件容量。



第9届国际武德杯传统武术精英大赛 2022（视频赛）

International WuDeBei Traditional Wushu Competition 2022 (Online Video Competition)

上诉：不得上诉，大会不设仲裁或上诉委员会，大会裁判的裁决将是最终成绩。

裁判工作：裁判团由国际武德杯合格裁判员及大会聘请组成。为促进各派系的交流及互动，所有外国团体可以委派一位武术合格裁判协助今次比赛裁判工作。有意者可以填上“**裁判推荐表格 A**”，并发至：www.wudebei@gmail.com 在审核后，大会将联系该裁判员安排裁判工作。

免责声明：

1. 大会保留权利进行任何更改或修改比赛章程或条例。
2. 参赛选手在参加本赛事过程中所发生的一切安全责任由参赛团体完全自负，大会将不会承担任何责任。
3. 参赛选手须同意大会在无任何限制下，使用参赛团体名称、参赛视频、图像，用于宣传报道，该团体将不做任何追讨及赔偿。

参赛团体备注：

特刊：大会为纪念此武林盛事，特出版纪念特刊，以志其盛。参赛团体可**免费**在特刊上刊登 1 张团体的照片，所有参赛团体将可获 2 本特刊。

（在团体报名之后，即可将**团体照片**传至主办单位电邮址）

外国队备注：

外国队将自行负责奖牌及证书的运费。大会将会同快递公司安排“**邮到付费**”的处理方式。



国际武德杯传统武术总会

2022 年 10 月 10 日



第9届国际武德杯传统武术精英大赛 2022 (视频赛)

International WuDeBei Traditional Wushu Competition 2022 (Online Video Competition)

裁判评分法:

套路评分准则

4分	3分	2分	1分
姿势正确	劲力顺达	风格独特	精神贯注
方法清楚	动作协调	内容充实	节奏分明

对练项目评分准则

4分	3分	2分	1分
方法正确	动作熟练	内容充实	意识逼真
攻防合理	配合严密	结构紧凑	节奏分明

裁判员其他扣分准则 (累积扣分)

倒地 (臀、胸、背)	0.3分	器械变形	0.1 - 0.2分
器械折断或掉地	0.3分	部分身体出界	不扣分
附加支撑 (肘、膝、手)	0.2分	器械触地、脱把、碰身	0.1分
遗忘	0.1 - 0.2分	失去平衡、开钮、撕裂、掉饰	0.1分
整个身体出界	不扣分	刀彩、剑穗、服饰、腰带脱落	0.1分

裁判团请注意!

录像准则: 以下出错需扣0.5分!

1. 在录像时, 运动员需行拳礼, 亲口说出自己“姓名”及“武德杯2022”, 才开始演练; 违例者扣0.5分。
2. 所有录像必须一镜到底, 不能剪接, 违例者需扣0.5分。
3. 为使录像更为清晰, 大会允许录影员跟随演练者同行, 但不能给予口头指示, 也不能刻意调成静音; 整段视频必须在自然环境中完成, 违例者需扣0.5分。
4. 录像不能制造任何特效或是搭配音乐以增强演练效果, 违例者需扣0.5分。



第9届国际武德杯传统武术精英大赛 2022 (视频赛) International WuDeBei Traditional Wushu Competition 2022 (Online Video Competition)

The genesis of Chinese Traditional Martial Arts has been attributed to the need for self-defense, hunting techniques and military training since ancient China, hand to hand combat and weapons practice were important for survival then. Over the past few thousand years, many distinctive styles have been developed, each with their own set of techniques and characteristics; each carries the wisdom of their ancestors.

The long history of traditional martial arts includes hundreds of different styles, often classified by "families", "sects" or "schools". However regardless any martial arts styles, its philosophy and ethics practice are always highly regarded. A complete training system not only trains a person physically, it should also provide insight and educate into Chinese attitudes and culture. Today, practitioners of Chinese martial arts from all over the world, each have the responsibility to pass down this beautiful art to our next generation.


Wu De (武德) can be translated as "Martial Morality" and is constructed from the words Wu (武), which means martial, and De (德), which means morality. These morals are developed from historic cultures; philosophies from the great wise men and experience through ancient war, and eventually translate into 5 main pillars of virtues namely: **Wisdom (智), Trust (信), Benevolence (仁), Courage (勇) and Discipline (严)**.

Over the past 20 years, traditional Chinese martial arts have appeared to be highly affected by modern martial arts. Many modern schools have replaced practical defense or offense movements with acrobatic feats that are more spectacular to watch, thereby gaining favor during exhibitions and competitions. This led to many criticisms and practitioners for traditional Chinese martial arts greatly lessen. We strongly believe it's our immediate concern to do everything we can to continuously promote and pass down this heritage.

As we are all aware of the recent Covid19 situation, it is quite impossible for us to get together at this moment. Thus we have decided to change our mode of competition into an ONLINE VIDEO COMPETITION! With this in mind, the organizer specially organizes the **9th International WuDeBei Traditional Wushu Competition 2022 (Online Video Competition)** held from 1st December 2022 to 5th December 2022 with the mission to promote traditional Chinese martial arts and inspire Martial Morality. We sincerely hope that you and your prestigious club can support this competition and help promote our cultural arts all over the world.

Please take note of the time & date on our activities:

Date & Time	Activities	Deadline
10/10/2022 - 31/10/2022	Online Registration & Payment	Late registration will not be entertained
01/12/2022 - 05/12/2022	Uploading of Videos	Late uploading will not be entertained
30/12/2022	Announcement of Results	No Appealing after Final Results
05/01/2023 - 10/01/2023	Delivery of Medals & Certificates	Freight charges will be Borne by Overseas Teams

Interested personnel can visit www.wudebei.com,  **wudebei/ 武德杯 or email: wudebei@gmail.com for further queries.

Promote Traditional Chinese Martial Arts & Inspire Martial Morality!



Dr. Royce Ang Ph.D MA
Founder & Secretary General
International WuDeBei Traditional Wushu Federation



第 9 届国际武德杯传统武术精英大赛 2022 (视频赛)

International WuDeBei Traditional Wushu Competition 2022 (Online Video Competition)

Co-organized by: International WuDeBei Traditional Wushu Federation & Singapore Wushu Dragon & Lion Dance Federation

Supporting Partners: Singapore Traditional Wushu Federation, Malaysia Siang Hock Kong Cultural & Arts Bureau

Mission : Promotes Traditional Chinese Martial Arts, Inspire Martial Morality

Participants : All Wushu Clubs, Federations, Associations, Schools

Arena : Videography Method

Online Registration: 10/10/2022 - 31/10/2022 (Monday)

Uploading of Videos: 01/12/2022 - 05/12/2022 **(Late uploading of videos will not be entertained)**

Announcement of Results: 30/12/2022

Delivery of Medals & Certificates: 05/01/2023 - 10/01/2023 **(Respective clubs will be informed on the collection date)**

Registration: Registration **MUST** be done using our forms provided and email to us before deadline.

Email : wudebei@gmail.com

Contacts : Dr. Royce Ang +65 9389 1888, Kindly contact via Whatsapp.

Registration Fees :

a) Individual Event: S\$25.00 each

b) Sparring & Taiji Push hands Event: S\$50.00 each

****Cheque made payable to: International WuDeBei Traditional Wushu Federation**

****Overseas Team Payment: PAYPAL <https://www.paypal.me/WuDeBei>
(Excluding Handling Fees)**

Registration Details: All teams are required to register using our forms provided and email to us before deadline, with all particulars filled in accurately. After which the organizer will contact the respective teams for the confirmation of payment amount and fees have to be paid, before the organizer provides another link for the team to start uploading their videos. The uploading must be done within 05 days (01/12/2022 - 05/12/2022).

**** As the online platform has already been set, we do not allow any changes or late entry. Kindly assist to be prompt and be very careful during the registration process. We sincerely hope for your understanding. Thank you!**



Traditional Wushu:

1. Traditional Wushu- Boy's Children Category (Born in year 2015 or later)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

2. Traditional Wushu- Boy's Junior Category (Born between year 2010 - 2014)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

3. Traditional Wushu- Boy's Youth Category (Born between year 2005 - 2009)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

4. Traditional Wushu- Men's Adult Category (Born between year 1987 - 2004)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		



第9届国际武德杯传统武术精英大赛2022（视频赛）

International WuDeBei Traditional Wushu Competition 2022 (Online Video Competition)

5. Traditional Wushu- Men's Senior Category (Born between year 1973 - 1986)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

6. Traditional Wushu- Men's Veteran Category (Born between year 1953 - 1972)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

7. Traditional Wushu- Men's Pioneer Category (Born in year 1952 or before)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

8. Traditional Wushu- Girl's Children Category (Born in year 2015 or after)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		



9. Traditional Wushu- Girl's Junior Category (Born between year 2010 - 2014)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

10. Traditional Wushu- Girl's Youth Category (Born between year 2005 - 2009)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

11. Traditional Wushu- Women's Adult Category (Born between year 1987 - 2004)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

12. Traditional Wushu- Women's Senior Category (Born between year 1973 - 1986)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		



13. Traditional Wushu- Women's Veteran Category (Born between year 1953 - 1972)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

14. Traditional Wushu- Women's Pioneer Category (Born in year 1952 or before)

A) Traditional Northern Fist	B) Traditional Southern Fist	C) Traditional Animal Boxing
D) Traditional Short Weapon	E) Traditional Double Weapon	F) Traditional Long Weapon
G) Traditional Soft Weapon (Single/ Double)	H) Traditional Ba Ji, Xing Yi & Ba Gua	I) Other Traditional Internal Style Fist
J) Other Traditional Internal Style Weapon (Single/ Double)	K) Other Traditional Internal Style Long Weapon	L) Traditional Wing Chun
M) Traditional Wooden Dummy		

15. Traditional Wushu- Sparring Event (Any Gender, Any Age, 2 – 3 Person)

A) Bare fist Sparring	B) Bare fist Vs Weapon	C) Weapon Sparring
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Traditional Taiji Events:

16. Traditional Taiji- Boy's Children Category (Born in year 2015 and after)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

17. Traditional Taiji- Boy's Junior Category (Born between year 2010 - 2014)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

18. Traditional Taiji- Boy's Youth Category (Born between year 2005 - 2009)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		



19. Traditional Taiji- Men's Adult Category (Born between year 1987 - 2004)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

20. Traditional Taiji- Men's Senior Category (Born between year 1973 - 1986)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

21. Traditional Taiji- Men's Veteran Category (Born between year 1953 - 1972)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

22. Traditional Taiji- Men's Pioneer Category (Born in year 1952 or before)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

23. Traditional Taiji- Girl's Children Category (Born in year 2015 or after)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

24. Traditional Taiji- Girl's Junior Category (Born between year 2010 - 2014)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

25. Traditional Taiji- Girl's Youth Category (Born between year 2005 - 2009)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		



26. Traditional Taiji- Women's Adult Category (Born between year 1987 - 2004)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

27. Traditional Taiji- Women's Senior Category (Born between year 1973 - 1986)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

28. Traditional Taiji- Women's Veteran Category (Born between year 1953 - 1972)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

29. Traditional Taiji- Women's Pioneer Category (Born in year 1952 or before)

A) Chen Style Taijiquan	B) Yang Style Taijiquan	C) Sun, Wú, Wǔ Style Taijiquan	D) Other Style Taijiquan
E) Taiji Sword	F) Taiji Short Weapon	G) Taiji Double Weapon	H) Taiji Long Weapon
I) 42 Style Taijiquan	J) 42 Style Taiji Sword		

30. Traditional Taiji- Taiji Push Hands Event - (Any Gender, Any Age, 2 Person)

A) Dual Choreograph Push Hands

Prize Awards:

Individual Events: By Ranking	Sparring Events: By Ranking
Top 30% Gold Award: Gold Medal with Certification	Top 30% Gold Award: 2 - 3 Gold Medals with Certification
Middle 40% Silver Award: Silver Medal with Certification	Middle 40% Silver Award: 2 - 3 Silver Medals with Certification
Lower 30% Bronze Award: Bronze Medal with Certification	Lower 30% Bronze Award: 2 - 3 Bronze Medals with Certification

Total number of Participants:

No restriction on the total number of people representing the club.

One person is not allowed to represent 2 different clubs.

Total number of Events:

No restriction on the total number of events an athlete can take part.



第9届国际武德杯传统武术精英大赛 2022（视频赛）

International WuDeBei Traditional Wushu Competition 2022 (Online Video Competition)

Costume & Equipment:

1. Athletes are encourage to wear the correct costumes for their respective events. However, the minimum expectation will be T-shirt, lantern trousers and flat shoes with belt for wushu events. Neat and tidy attire should be observed at all times, **0.5 point deducted** for inappropriate dressing.
2. All participants are **NOT ALLOWED** to wear any accessories when competing, except for glasses or hair clip, **0.1 points deducted** if occur.
3. No requirement or specification for weapon type.

Timing:

All Traditional Wushu Events/ Sparring Events	40 seconds - 2 minutes
All Taijiquan/ Traditional Internal Style Fist Events	3 minutes - 6 minutes
All Taiji Weapon/ Traditional Internal Style Weapon Events	1 minute - 4 minutes

Timing Standards:

1. Timing will starts when the athlete begins on the routine and stop when both hands are down or legs close.
2. Traditional Wushu: Insufficient or exceed time, **0.1 points will be deducted** for every 2 seconds, up to a maximum of 0.3 points.
3. Traditional Taiji/ Traditional Internal Style: Insufficient or exceed time, **0.1 points will be deducted** for every 5 seconds, up to a maximum of 0.3 points.

Video Requirements: **The following incurred 0.5 points deduction if non-compliant**

- 1) The completed video has to include athlete doing a salute greeting, **calling out his/her name and mentioned "Wudebei 2022"**, before proceeding with the display. **0.5 points will be deducted** if non-compliant.
- 2) All videos has to be done in a single shot. No editing is allowed. **0.5 points will be deducted** if non-compliant.
- 3) In order for the video to be clearer, we allow the videographer to follow the athlete as they are performing. However there shall be no external assistance given to the athlete. No muting is allowed, the video has to be done in the most natural manner. **0.5 points will be deducted** if non-compliant.
- 4) The videos are not allowed to have special effects nor music to enhance on the display. **0.5 points will be deducted** if non-compliant.
- 5) As the display was not done on a qualified arena, the judges will not penalize on "Body out of carpet".
- 6) Videos recorded from mobile phone is strongly encouraged. **Kindly refrain** from using high definition camera to avoid the file of video to be oversized.

Appeal: NO APPEAL is allowed, thus the score presented shall stay final.



第9届国际武德杯传统武术精英大赛 2022 (视频赛) International WuDeBei Traditional Wushu Competition 2022 (Online Video Competition)

Judges:

1. Our panel of judges are **Qualified Wudebei Traditional Wushu Judges** or appointed by the organizer.
2. The organizer would like each participating club to recommend a qualified coach as volunteer to assist on the judging work, and at the same time to foster friendship among each other.
3. All recommended judges have to fill up our **“Recommend Judge Form”** and email to the organizer at: wudebei@gmail.com.
4. The organizer will then review the credentials and contact him/her for their judging work upon selected.

Disclaimer:

1. The organizer reserves the rights to make any changes for this competition.
2. All athletes are fully responsible for their safety during the process of participating in this competition, including during video recording.
3. All athletes must agree to the organizer to use their name, video or photo of the participating club for publicity without any restrictions, and the organizer will not be liable for any claims or compensation.

Additional Note for All Clubs:

Magazine: The organizer is preparing a magazine to mark this special event. All clubs are allowed to place **1 Club Group photo** for memorial purpose. On top of that, all participating clubs will receive 2 magazines each as souvenirs and publicity.

(Kindly email your Club Group Photo to us upon completion of your registration)

Special Note for Overseas Teams:

****For the delivery of medals & certificates, freight charges will be borne by the club respectively.**



International WuDeBei
Traditional Wushu Federation
10/10/2022



Judging Rules:

Individual Event Judging Rules

4 Points	3 Points	2 Points	1 Point
Correct Postures	Strength Fluidity	Style	Focus
Techniques	Movement Co-ordination	Content of Routine	Rhythm/ Tempo

Sparring Event Judging Rules

4 Points	3 Points	2 Points	1 Point
Techniques	Familiarity	Content of Routine	Realistic
Reasonable Combat	Synchronization	Structure Compact	Rhythm/ Tempo

Other Deductions from Side Judge (Accumulative)

Fell Down (Butt, Chest, Back)	0.5 Point	Weapon Out of Shape	0.1 - 0.2 Point
Weapon Broken/ Drop	0.5 Point	Parts of Body Out of Carpet (One Foot Out)	No Deduction
Additional Support (Elbow, Knee, Hand, Weapon)	0.3 Point	Weapon Touch Floor/ Body, Loose Grip	0.1 Point
Forget Routine	0.1 - 0.3 Point	Lost Balance, Open Button、 Costume Torn, Accessories Drop	0.1 Point
Whole Body Out of Carpet (Both Feet Out)	No Deduction	Accessories on Weapon Drop, Belt Drop	0.1 Point

Judges Take Note:

Video Requirements: The following incurred 0.5 points deduction if non-compliant

- 1) The completed video has to include athlete doing a salute greeting, **calling out his/her name and mentioned "Wudebei 2022"**, before proceeding with the display. **0.5 points will be deducted** if non-compliant.
- 2) All videos has to be done in a single shot. No editing is allowed. **0.5 points will be deducted** if non-compliant.
- 3) In order for the video to be clearer, we allow the videographer to follow the athlete as they are performing. However there shall be no external verbal assistance given to the athlete. No muting is allowed, the video has to be done in the most natural manner. **0.5 points will be deducted** if non-compliant.
- 4) The videos are not allowed to have special effects nor music to enhance on the display. **0.5 points will be deducted** if non-compliant.



表格 A/FORM A

裁判推荐表格/Recommend Judge Form

裁判姓名/Name of Judge: _____

手机号/Mobile : _____

团体/Club : _____

国籍/Nationality : _____

****推荐裁判需要是当地合格武术裁判。**

**** Recommended Judge needs to be a Qualified Wushu Judge in their country.**

推荐裁判资历/Recommended Judge Wushu Credentials:

**** 本人确认以上资料完全属实、正确。**

**** I hereby declare that all information provided above are true and accurate.**

签名/Signature: _____ 团体盖章/Club Stamp: _____